



SWIMMING RESULTS

Share the Spirit!

1ST TERM 2019
2019 SWIMMING ACHIEVEMENTS
RESULTS: SWIMMING CHAMPIONSHIP

Winners of Trophies in 2019:

Stuart 200m Championship Freestyle Trophy	R Pleass
Harcourt Cooke 100m Breaststroke Championship Trophy	R Pleass
Donaldson Family 400m Championship Trophy	R Pleass
Dr A du Bos 100m Freestyle Championship Trophy	R Pleass
Dick Alexander 100m Open Backstroke Trophy	R Pleass
Doble Hoffman 200m Breaststroke Championship Trophy	R Pleass
Eric E Heilbronner 100m Butterfly Championship Trophy	R Pleass
John D Wilson Open Individual Medley Championship Trophy	R Pleass
Mrs A Canning 200m Backstroke Championship Trophy	R Pleass
Janet Kyte U14 Championship Trophy	Z Johnson
Wilna Groenewald U15 Championship Trophy	E Ruhfus
C R Bluett Junior Championship Trophy	M Gallino
Marchant U17 Championship Trophy	M Johnson
Old Edwardian Senior Championship Trophy	R Pleass

An outstanding achievement by Ronan Pleass. Ronan won every Trophy that he was eligible for. This was last accomplished in 2013 by Robin Raven.



SWIMMING RESULTS

Share the Spirit!

1ST TERM 2019
2019 SWIMMING ACHIEVEMENTS
RESULTS: SWIMMING CHAMPIONSHIP

Swimming Championship Records broken this year:

Ronan Pleass

- 400m Open Freestyle previously held by P Watson 1996
- 200m Senior Breaststroke previously held by P Watson 1996
- 4x50m Senior Medley previously held by R Pleass 2018
- 200m Senior Backstroke previously held by W Williams 2000
- 100m U19 Backstroke previously held by W Williams 2000
- 50m U19 Backstroke previously held by J. Dean 2018

M Johnson

- 50m U17 Freestyle previously held by R Pleass 2018

Z Johnson

- 50m U14 Breaststroke previously held by C Brockschmidt 2008

J Nel

- 50m Breaststroke previously held by T Serek 2018



SWIMMING RESULTS

Share the Spirit!

1ST TERM 2019
2019 SWIMMING ACHIEVEMENTS
RESULTS: **SWIMMING CHAMPIONSHIP**

Outstanding Achievements in 2019

Inter – High Swimming Gala

Ronan Pleass

- 4x50m Individual Medley Gold Medal
- U19 100m Backstroke (Setting a new Inter High Record time) Gold Medal
- U19 200m Freestyle Bronze

South African National Junior Championships March 2019

Ronan Pleass, Joshua Nel and Ciaran Otter selected to represent their Province at this event.

Senior National Championships April 2019.

Ronan Pleass, Joshua Nel, Ciaran Otter and Gareth Bockel selected to represent their Province at this event.

Congratulations to Ronan Pleass who qualified with three SA Senior Times forming part of the Elite Youth Squad.